

## Referral Pathways North Essex CCG

Patients with a GP in: Brightlingsea, Clacton, Colchester, Fingringhoe, Frinton, Harwich, Manningtree, Marks Tey, Mersea, Rowhedge, St Osyth, Tendring, Tiptree, Walton on the Naze, West Bergholt, West Mersea & Wivenhoe

Condition	Form	Referral Method
<b>Sight Threatening Emergency</b>	LOC Referral form / GOS 18	<p>Phone Primary Care Centre on 01206 286882 for advice, then, use NHS mail to email referral to chu-ftp. eyereferurgent@nhs.net or fax referral to 01206 286850            There is a WhatsApp group with hospital consultants, where they can give advice on referrals. To join please email Emma at secretary@essex-loc.org</p> <p>Emergency clinics run Monday to Friday 8:30 - 16:30, and later in the ward 16:30 - 19:00 Monday to Friday, plus Saturday and Sunday 11:00 - 15:00pm. After 16:30, phone Colchester General Hospital switchboard 01206 747474 and ask for "Ophthalmologist on call".</p> <p>Referral to A&amp;E is inappropriate as there are limited eye skills and many patients are referred onto the eye clinic.            Out of hours emergency alternatives: Ipswich Hospital, out of clinic hours phone 01473 712234 for Ophthalmologist on call. Fax 01473 703838.            Moorfields, give letter to patient and send to Moorfields            Addenbrookes A&amp;E will contact their Ophthalmologist on call.</p>
<b>Life Threatening Emergency</b>	LOC Referral form / GOS 18	Send referral letter with patient to A&E at Colchester General Hospital, CO4 5JL.
<b>Urgent</b>	LOC Referral form / GOS 18	As per emergency (see above). Phone & email/fax the eye clinic.
<b>Routine</b>	LOC Referral form / GOS 18	<p>Use NHS mail to email referral to the Ophthalmology booking department for triage at chu-ftp. eyedepartment@nhs.net            Or LOC referral form via GP            State patient choice for routine referrals.</p>
<b>IOP &gt;23</b>	LOC Referral form / GOS 18	<p>IOP &gt;23 mmHg NCT and no other obvious signs of glaucoma.            Refer direct to local GRR [Glaucoma Referral Refinement] Optometrist, See LOC website.</p>

<b>IOP &gt;23&lt;30mmHg</b>	LOC Referral form / GOS 18	If other signs of open angle glaucoma present this cannot be sent via GRR pathway. Refer as 'Routine' as above
<b>MECS</b>	LOC Referral form / GOS 18	See list of conditions and practitioners on LOC website. MECS practices triage patients and accelerate referrals if needed. <a href="http://primary-eyecare.co.uk/enhanced-optometric-services.php">http://primary-eyecare.co.uk/enhanced-optometric-services.php</a>
<b>Paediatrics</b>	LOC Referral form / GOS 18	Patient can be referred to one of practices on list found at <a href="http://primary-eyecare.co.uk/enhanced-optometric-services.php">http://primary-eyecare.co.uk/enhanced-optometric-services.php</a> .
<b>Wet AMD</b>	LOC Referral form / GOS 18	For reduced / change of sight, visible macular changes and haemorrhage. Refer as sight threatening emergency.
<b>Cataract</b>	LOC Referral form / GOS 18	Local criteria means patients need to have a VA of 6/12 or less and not NICE criteria. Referral as 'Routine' as above
<b>Post Op Cataract Service</b>	Electronically via Opera system	If appropriate, second eye referral done through Opera online system. Emergency referrals: speak to on call Ophthalmologist as above.

In all cases you should choose the best referral pathway for your patient.

GOS 18 available on LOC website at: <http://essex-loc.org/wp-content/uploads/2014/11/GOS18-Electronic-Final.pdf>

Emergencies & most urgents are managed at the Eye Clinic, 1st floor, Primary Care Centre, Turner Road, Colchester, CO7 6TR.

Avoid parking at Colchester General Hospital if possible. At present OCT, YAG, Diabetic laser, anti-VEGF injections, and surgery are only at Colchester.