

REFERRAL GUIDELINES FOR OCULAR PATHOLOGY

This list is not exhaustive & practitioners should always apply their clinical judgement and be mindful of CoO Guidelines when deciding on the appropriate clinical pathway for a patient.

	Routine Routine or appropriate direct referral pathway	Urgent Within one week Conditions	Emergency Within 24 hours
Anterior	<ul style="list-style-type: none"> Symptomatic entropion/ectropion Chronic Exophthalmos/proptosis Persistent lid disease/cyst/hordeolum Longstanding ptosis Severe dry eye Pterygium (affecting visual axis) Persistent epiphora Keratoconus Recurrent corneal erosion syndrome Corneal dystrophy (reduced VA) Allergic conjunctivitis Naso-lacrimal duct obstruction Cataract IOP \geq24mmHg <32mmHG Follow Local Glaucoma Pathway 	<ul style="list-style-type: none"> Iris rubeosis Repeatable IOP $>$32 <40mmHgmmHg Severe keratitis Acute dacryoadenitis Acute dacryocystitis if mild Unilateral blepharitis if carcinoma suspected Chlamydial conjunctivitis (refer to GP) CMV and candida retinitis Commotio retinae Corneal hydrops if vascularisation present Keratoconjunctivitis especially with severe corneal involvement or ocular cicatricial pemphigoid are suspected Steroid induced glaucoma 	Red eye (non-traumatic) <ul style="list-style-type: none"> Acute Angle Closure Glaucoma Painful recent post-op/hypopyon/blebitis Corneal graft rejection Scleritis Infective keratitis Herpetic infection: simplex & zoster Iritis/Uveitis Severe corneal abrasion Acute dacryocystitis Red eye (traumatic) <ul style="list-style-type: none"> Chemical burns – irrigate & refer asap Penetrating injuries Hyphaema Embedded foreign body
Visual loss	<ul style="list-style-type: none"> Gradual loss of VA $>$4weeks with no sudden loss 	<ul style="list-style-type: none"> Amaurosis fugax: refer via GP same day for TIA work-up Retrobulbar/Optic neuritis 	<ul style="list-style-type: none"> Possible Temporal Arteritis with visual symptoms Sudden visual loss unknown cause (<24hours)
Posterior	<ul style="list-style-type: none"> Retinal haemorrhages Branch retinal vein occlusion } refer within 4wks; Central Serious Retinopathy } if not electronic you must check the referral is processed Suspect glaucoma/abnormal discs Dry AMD requiring registration/LVA Retinitis Pigmentosa Macular hole Epiretinal membrane (symptomatic and VA worse than 6/9) Diabetic maculopathy (If not under care of HES & VA worse than 6/9 HES should see px in 13/52) 	<ul style="list-style-type: none"> Vitritis Vitreous haemorrhage (non-PVD) Nystagmus with other neurological signs Wet AMD } REFER ACCORDING TO THE PATHWAY FOR THE PATIENT'S AREA CRVO } Myopic CNV } Retrobulbar/Optic neuritis Diabetic proliferative retinopathy (if not already under HES, px should be seen in 6/52 in HES) 	<ul style="list-style-type: none"> Retinal artery occlusion <24hours IOP $>$ 40mmHg Retinal detachment Floaters/photopsia <48 hours + tobacco dust Retinal tears and breaks Papilloedema PVD related vitreous haemorrhage New Pre Retinal Haemorrhage Endophthalmitis
Other	<ul style="list-style-type: none"> Repeatable suspicious field defects Long standing squint requiring correction Children's manifest squint, amblyopia/reduced VA REFER VIA DIRECT ORTHOPTIC PATHWAY 	<ul style="list-style-type: none"> Suspected cancers Suspected compressive lesion New pupillary defects 	<ul style="list-style-type: none"> Pre Septal/Orbital cellulitis Acute proptosis Acute onset diplopia/squint/ptosis/nerve palsy New facial palsy