



Minor Eyecare Service (MECS) Mid and South Essex CCGs

INCLUSION LIST

- Loss of vision including transient loss.
- Ocular pain.
- Differential diagnosis of red eye.
- Foreign body and emergency contact lens removal (not including your practice patients)
- Dry eye.
- Blepharitis.
- Epiphora.
- Trichiasis.
- Differential diagnosis of lumps and bumps in the vicinity of the eye.
- Flashes/floaters recent onset
- Patient reported sudden onset field defects.

EXCLUSION LIST

- Patients identified to have severe eye conditions which need hospital attention e.g. orbital cellulitis, temporal arteritis.
- Eye problems related to herpes zoster.
- Adult squints, long standing diplopia.
- Removal of suture.
- Patient's reported symptoms indicate that a sight test is more appropriate than this service.
- Repeat field tests to aid diagnosis following an eye examination.
- Suspected cancers of the eye.
- Dry Age related macular degeneration.
- Your own contact lens patients presenting with problems
- Patients with significant other ocular pathology requiring specialist referral
 - The service is not to be used to monitor any diabetic retinopathy patients