

## West Essex Practices - Minor Eye Conditions Service (MECS)

Please choose a practice from the below list and contact them using the telephone number provided.

The practice will run through some questions to understand your symptoms better and look to arrange an appointment in an appropriate time scale. It is possible the practice you contact may be unable to see you in the correct time scale, but they will find you an appointment with one of the other local practices.

This is not a walk-in service and requires an appointment but if you would prefer to visit a practice to arrange an appointment rather than telephone them you are welcome to do so.

Epping	Aves Opticians	221 High Street, Epping	CM16 4BL	01992 572302	<a href="mailto:tim.dulley@nhs.net">tim.dulley@nhs.net</a>
Ongar	Boatmans	182 High Street, Ongar, Essex	CM5 9JJ	01277 366665	<a href="mailto:Emily.searle1@nhs.net">Emily.searle1@nhs.net</a>
Bishops Stortford	Martin Reynolds Opticians	24 North Street, Bishop's Stortford	CM23 2LW	01279 757767	<a href="mailto:jay.patel28@nhs.net">jay.patel28@nhs.net</a>
Harlow	Rose Opticians	Ground Floor, 15F, Harvey Centre, Harlow	CM20 1XN	01279 443181	<a href="mailto:vipul.jyoti@nhs.net">vipul.jyoti@nhs.net</a>
Harlow	Specsavers	10-12 Broad Walk, Harlow, Essex	CM20 1HT	01279 410 888	<a href="mailto:specsavers.harlow1@nhs.net">specsavers.harlow1@nhs.net</a>
Loughton	Specsavers	231 High Rd, Loughton	IG10 1AD	020 8498 6740	<a href="mailto:specsavers.loughton1@nhs.net">specsavers.loughton1@nhs.net</a>
Saffron Walden	Specsavers	11 Hill Street, Saffron Walden, Essex	CB10 1EH	01799 510030	<a href="mailto:Specsavers.saffronwalden@nhs.net">Specsavers.saffronwalden@nhs.net</a>
Royston	Specsavers	27 High Street, Royston, Hertfordshire	SG8 9AA	01763 248161	<a href="mailto:Specsavers.royston@nhs.net">Specsavers.royston@nhs.net</a>
Loughton	Vision Express	257 High Road, Loughton	IG10 1AD	020 8418 9140	<a href="mailto:Kheelan.shah@nhs.net">Kheelan.shah@nhs.net</a>