

Hospital Exclusion Criteria

For any patients who are under one particular hospital for an eye condition already, optoms should refer that patient back to that hospital for their cataract surgery, not to the ISP.

| Hospital | Exclusions |
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| Broomfield Hospital (NHS) Court Road, Broomfield, Chelmsford, CM1 7ET | NONE - will accept all referrals |
| Southend University Hospital (NHS) Prittlewell Chase, Westcliff-on-Sea, Southend-on-Sea, SS0 0RY | NONE - will accept all referrals |
| Princess Alexandra Hospital (NHS) Hamstel Rd, Harlow, Essex CM20 1QX | NONE - will accept all referrals |
| Colchester Hospital (NHS) Turner Rd, Colchester, Essex, CO4 5JL | NONE - will accept all referrals |
| Southend Private Hospital 15-17 Fairfax Drive, Westcliff-on-Sea, Southend-on-Sea, SS0 9AG | <ul style="list-style-type: none"> • Any emergency condition should be referred as usual to the Southend Hospital Eye Service • Patients with potential cancer of the eye • Patients with a squint • Patients with a potential neurological condition • Patients with a potential macular condition • A patient with incapacitating disease that is a constant threat to life • A patient who has an unstable mental condition and is receiving psychiatric treatment • A patient who is grossly obese with a BMI>40 • Patients under 18 years of age • Patients with an implantable Cardioverter Defibrillator (ICD) • Patients with reduced mobility that are unable to self transfer or lay down flat. This would include any patients who are unable to remain still. • Patients who have had surgery that requires an inpatient stay are unable to be seen for 3 months. • Uncontrolled Angina - would be assessed by an MDT • Severe Epilepsy - Would be assessed by an MDT • Some pre-assessments and the information gathered may also lead to an MDT discussion regarding appropriateness for site, but this would relate to the health status of the patient. |

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| <p>Ramsey Health</p> <p>Oaks Hospital Colchester 120 Mile End Rd, Colchester, CO4 5XR</p> <p>Rivers Hospital High Wych Rd, Sawbridgeworth, CM21 0HH</p> | <ul style="list-style-type: none"> • Any requirement for Intensive Care or High Dependency Care • Patients currently detained under the provisions of the Mental Health Act/on the Mental Health Register • Patients with a BMI > 44 for G.A/Sedation/Spinal (with the exception of bariatric surgery) - Patients with a BMI 40-43.9 for G.A/Sedation/Spinal require an Anaesthetic Assessment • Uncontrolled Asthma • Severe COPD • Cystic Fibrosis for G.A/Sedation/Spinal • Advanced malignancy with or without distant metastasis • Implanted cardioverter defibrillator (ICD) • Unrepaired abdominal aortic aneurism (AAA) >4cm • Thalassaemia major/haemophilia or sickle cell disease • Chronic/Active hepatitis • Active TB • Myasthenia Gravis • An MI (heart attack) in the last 6 months (patients with an MI 6-12 months require AA) • Cardiac Stents inserted in the last 6 months (patients with history of stents require AA) • Unstable angina or angina at rest or with minimal exertion • Decompensated congestive cardiac failure (CCF)/cardiomyopathy • CVA/ TIA (stroke) in the last 6 months (patients with an CVA/TIA 6-12 months require AA) • Severe uncontrolled epilepsy • Recent DVT / PE in the last 6 months • HbA1c of 69mmols or above for surgical patients having GA & LA . (HbA1c result must be within 3 months of procedure) • Chronic Kidney Disease Stage 3B or above/renal dialysis • A history of malignant hyperpyrexia/hyperthermia for any GA/sedation • Narcolepsy or cataplexy for GA/sedation • Multiple co-morbidity indicating unstable ASA classification 3 or above |

| Hospital | Exclusions |
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| <p>Newmedica London House, Hadleigh Rd, Ipswich, IP2 0EE</p> | <p>Need for general anaesthetic:</p> <ul style="list-style-type: none"> • Unable to co-operate or lay still without general anaesthetic • Unable to transfer independently/need for hoists • Advanced diabetic retinopathy <p>Accident and Emergency ophthalmology:</p> <ul style="list-style-type: none"> • Any patient under the age of 18 • Any patient with a suspected or confirmed ophthalmic cancer diagnosis |
| <p>Optegra Oyster House, Severalls Ln, Highwoods, Colchester, CO4 9PD</p> | <ul style="list-style-type: none"> • Under 18 years old • Weight above 39 stone/250kg • Unable to lie flat for 30 minutes • Unable to transfer independently • If they have an implantable defibrillator • On home oxygen • Anaphylaxis to an unknown cause • CKD stage 4 or above or on renal dialysis • Organ or stem cell transplant at any time in their life • Active cancer treatment- chemotherapy/radiotherapy |
| <p>SpaMedica</p> <p>SpaMedica Chelmsford Fenton House, 85-89 New London Rd, Chelmsford, CM2 0PP</p> <p>SpaMedica Colchester First Floor, Business Park, 100 The Crescent, Highwoods, Colchester CO4 9YQ</p> | <ul style="list-style-type: none"> • Patients with severe head tremor at rest. Mild head movements can be listed • Patients with extreme claustrophobia who are unable to lie with a drape over their face for surgery • Patients with severe dementia • Patients with severe learning difficulties • Epileptics who have more than one grand mal seizure per month • Patients that require sub-speciality co-management e.g. recurrent uveitis, brittle or end stage glaucoma • Patients requiring a hoist to transfer • Patients deemed best seen under general anaesthetic, for the patients best welfare |