

Referral Pathways Colchester Hospital

Condition	Form	Referral Method
Emergency & Urgent	LOC Referral form	Phone Primary Care Centre on 01206 746066 & option 6, for advice, then, use NHS mail to email referral to esneft.eyereferurgent@nhs.net There is a WhatsApp group with hospital consultants, where they can give advice on referrals. To join please email Emma at secretary@essex-loc.org
Routine	LOC Referral form	Use NHS mail to email referral to the Ophthalmology booking department for triage at esneft.eyedepartmentcolchester@nhs.net Eye Dept = 01206 746066 Or LOC referral form via GP
IOP >23	LOC referral form	Refer direct to practitioner on GRR scheme via LOC referral form. Details of participating practices & restrictions at: http://primary-eyecare.co.uk/enhanced-optometric-services.php
MECS	LOC Referral form	Refer to practitioner on MECs scheme via LOC referral form. Patients can self-refer or present having been sign-posted by any health care provider. Details of participating practices & conditions at: http://primary-eyecare.co.uk/enhanced-optometric-services.php
Paediatrics	LOC Referral form	Patient can be referred to one of practices on list found at http://primary-eyecare.co.uk/enhanced-optometric-services.php .
Wet AMD	AMD Referral form	Use NHS mail to email referral to esneft.amdreferralcolchester@nhs.net on AMD referral form.
Cataract	LOC Referral form	No specialised pathway. Follow routine route as above. Referral must state if the patient wishes to have the operation. Alternatively, you can send directly to Newmedica at newmedica.referrals@nhs.net or Spa Medica at spamedica.referrals@nhs.net or the Oaks at RHC.oaks@nhs.net
Post Op Cataract Service	Electronically via Opera system	If appropriate, second eye referral done through Opera online system. Emergency referrals: speak to on call Ophthalmologist as above.
Suspect Stroke	LOC Referral form	Colchester Hospital will accept referrals for "Transient, painless unilateral loss of vision (TIA/Amaurosis Fugax)" and "new painless bilateral field defect". More info at http://essex-loc.org/north-essex/ Send to tiareferrals@esneft.nhs.uk

In all cases you should choose the best referral pathway for your patient.

LOC Referral form available on LOC website at: <http://essex-loc.org/wp-content/uploads/2019/04/Ophthalmology-referral-pro-forma.pdf>

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