

Outline of Post Op Cataract Service

- After surgery, the Ophthalmologist will decide which patient can be discharged for a follow up check in the community.
- Before discharge, from HES, patient will be asked, by HES, which practitioner, they wish to see for their Post Op Cataract Service
- The HES will provide the patient with appropriate instructions and medication.
- The HES will add all patients to the opera platform, adding all details from the operation including any pathology, drops etc.
- HES will allocate patient to the practice of their choice on Opera
- If any patient experiences a red or painful eye in the weeks following the operation and prior to their post-operative check they are instructed to seek help immediately from the HES.
- The patient's information will be transferred from HES via the Opera portal to the community provider in order for the post-operative check to be conducted.
- Patient remains the responsibility of the HES until seen for their post op cataract appointment in the community
- The practice will receive notification advising when patients are added to their practice via the Opera portal
- All patients will be contacted as soon as possible after notification received, and the post operative appointment booked - this will be conducted between week 4 and week 6 post operatively
- Practice add appointment details to opera
- Practice update appointment outcomes onto Opera once patient has been seen – this info flows back to the hospital via Opera automatically, with a copy of appointment outcomes sent to GP too
- Outcomes will be either, Discharge, Refer for Second eye surgery or Refer for co-existing eye conditions

Post-operative visits

Patients will be booked in for both their post-op check-up and their sight test, either GOS or private depending on their usual entitlement.

The post-operative check will include:

- review progress and medication
- collect outcome data
- discuss second eye surgery if appropriate
- arrange follow-up for co-existing eye disease, if not already done
- provide advice on spectacle prescription (which can be prescribed approximately 4-6 weeks following phacoemulsification)
- Every patient is given access to patient satisfaction questionnaire to complete online in their own time

A full eye test be undertaken, as per College Guidelines and recorded on usual

practice and patient notes

For the specific assessment for post-operative cataracts, the following will be performed:

Symptoms and History, specific to the patient's recent cataract surgery

Questions should include:

- Has there been any pain or discomfort?
- Has there been any redness of the eyes?
- Has there been any discharge?
- Has there been any sudden reduction in vision?
- The patient's drop compliance will need to be checked i.e. are they instilling the drops in the correct frequency and tapering their drops as advised.
- Is the patient happy with the outcome of their surgery?
- Is the patient happy with the vision?

The Optometrist will confirm the following:

- Is the Conjunctiva abnormal in any way?
- Has the corneal clarity been affected?
- Is there any anterior chamber activity present? (>2 cells seen in 2x2mm field)
- Is the wound red or unusual in anyway?
- Is the pupil irregular or decentred?
- Is the IOL in the correct position?
- Has there been any thickening of posterior capsule?
- Is there any vitreous activity
- Is the macula normal, specifically is there any CMO?
- Is there any other abnormality on the fundus?

Recording on the Opera Portal:

All the above will be recorded on to the opera portal. Additionally the following information from the sight test will also be recorded:

- Details of procedure undertaken
- Unaided vision
- Distance visual acuity, including with pinhole if VA<6/9
- Near VA
- Refraction results
- Is there any residual unacceptable anisometropia?
- IOP results

Any additional comments can be recorded in the appropriate section of the portal.