

# OHT/Glaucoma Monitoring Service

## Overview

- The service aims to utilise the skills of primary care optometrists in the shared care of selected patients who have been diagnosed with OHT or glaucoma.
- Tier 1 optometrists (core competency + local accreditation) gather and transmit data via OPERA for virtual review by the hospital.
- Tier 2 optometrists (glaucoma qualification + local evaluation) gather and transmit data via OPERA, including decision making. Virtual review is available where needed.

## Service Information

### Accreditation

- Tier 1, core competencies + local accreditation
- Tier 2, higher certificate/diploma in glaucoma + local evaluation

### Service Specifications

- Patients will be transferred to practices via OPERA, after assessment by a consultant, with details of expected time to follow up in community.
- At each visit practitioners will be required to take history and symptoms, including drug side effects, ocular and visual symptoms, relevant changes in general medical history.
- All patients require measurement and collection of visual acuity, intraocular pressure (measured by Goldman tonometry).
- Van Herick's estimation of anterior chamber angles
- Optic disc assessment (BIO) with digital imaging (photo or OCT).
- Full threshold visual fields if/as specified by the hospital using a Humphries SITA Fast 24-2 testing program.

### Following a community glaucoma assessment;

- All urgent concerns to be referred to the hospital via the local urgent referral pathways.
- Tier 1 optometrists will transmit collected data for hospital virtual review, via OPERA.
- Patient will receive their outcome by letter, following hospital virtual review.

## Help and Support

Contact your local Clinical Lead or [hello@referral.support](mailto:hello@referral.support).

Full pathway information available on <https://help.optom-referrals.org/article/376-cataract-pathway-protocols>.

