

Hospital Exclusion Criteria

For any patients who are under one particular hospital for an eye condition already, optoms should refer that patient back to that hospital for their cataract surgery, not to the ISP.

Hospital	Exclusions
Broomfield Hospital (NHS) Court Road, Broomfield, Chelmsford, CM1 7ET	NONE - will accept all referrals
Southend University Hospital (NHS) Prittlewell Chase, Westcliff-on-Sea, Southend-on-Sea, SS0 0RY	NONE - will accept all referrals
Princess Alexandra Hospital (NHS) Hamstel Rd, Harlow, Essex CM20 1QX	NONE - will accept all referrals
Colchester Hospital (NHS) Turner Rd, Colchester, Essex, CO4 5JL	NONE - will accept all referrals
Southend Private Hospital 15-17 Fairfax Drive, Westcliff-on-Sea, Southend-on-Sea, SS0 9AG	<ul style="list-style-type: none"> • Any emergency condition should be referred as usual to the Southend Hospital Eye Service • Patients with potential cancer of the eye • Patients with a squint • Patients with a potential neurological condition • Patients with a potential macular condition • A patient with incapacitating disease that is a constant threat to life • A patient who has an unstable mental condition and is receiving psychiatric treatment • A patient who is grossly obese with a BMI>40 • Patients under 18 years of age • Patients with an implantable Cardioverter Defibrillator (ICD) • Patients with reduced mobility that are unable to self transfer or lay down flat. This would include any patients who are unable to remain still. • Patients who have had surgery that requires an inpatient stay are unable to be seen for 3 months. • Uncontrolled Angina - would be assessed by an MDT • Severe Epilepsy - Would be assessed by an MDT • Some pre-assessments and the information gathered may also lead to an MDT discussion regarding appropriateness for site, but this would relate to the health status of the patient.

Hospital	Exclusions
<p>Ramsey Health</p> <p>Oaks Hospital Colchester 120 Mile End Rd, Colchester, CO4 5XR</p> <p>Rivers Hospital High Wych Rd, Sawbridgeworth, CM21 0HH</p>	<ul style="list-style-type: none"> • Any requirement for Intensive Care or High Dependency Care • Patients currently detained under the provisions of the Mental Health Act/on the Mental Health Register • Patients with a BMI > 44 for G.A/Sedation/Spinal (with the exception of bariatric surgery) - Patients with a BMI 40-43.9 for G.A/Sedation/Spinal require an Anaesthetic Assessment • Uncontrolled Asthma • Severe COPD • Cystic Fibrosis for G.A/Sedation/Spinal • Advanced malignancy with or without distant metastasis • Implanted cardioverter defibrillator (ICD) • Unrepaired abdominal aortic aneurism (AAA) >4cm • Thalassaemia major/haemophilia or sickle cell disease • Chronic/Active hepatitis • Active TB • Myasthenia Gravis • An MI (heart attack) in the last 6 months (patients with an MI 6-12 months require AA) • Cardiac Stents inserted in the last 6 months (patients with history of stents require AA) • Unstable angina or angina at rest or with minimal exertion • Decompensated congestive cardiac failure (CCF)/cardiomyopathy • CVA/ TIA (stroke) in the last 6 months (patients with an CVA/TIA 6-12 months require AA) • Severe uncontrolled epilepsy • Recent DVT / PE in the last 6 months • HbA1c of 69mmols or above for surgical patients having GA & LA . (HbA1c result must be within 3 months of procedure) • Chronic Kidney Disease Stage 3B or above/renal dialysis • A history of malignant hyperpyrexia/hyperthermia for any GA/sedation • Narcolepsy or cataplexy for GA/sedation • Multiple co-morbidity indicating unstable ASA classification 3 or above

Hospital	Exclusions
<p>Newmedica London House, Hadleigh Rd, Ipswich, IP2 0EE</p>	<p>Need for general anaesthetic:</p> <ul style="list-style-type: none"> • Unable to co-operate or lay still without general anaesthetic • Unable to transfer independently/need for hoists • Advanced diabetic retinopathy <p>Accident and Emergency ophthalmology:</p> <ul style="list-style-type: none"> • Any patient under the age of 18 • Any patient with a suspected or confirmed ophthalmic cancer diagnosis
<p>Optegra Oyster House, Severalls Ln, Highwoods, Colchester, CO4 9PD</p>	<ul style="list-style-type: none"> • Under 18 years old • Weight above 39 stone/250kg • Unable to lie flat for 30 minutes • Unable to transfer independently • If they have an implantable defibrillator • On home oxygen • Anaphylaxis to an unknown cause • CKD stage 4 or above or on renal dialysis • Organ or stem cell transplant at any time in their life • Active cancer treatment- chemotherapy/radiotherapy
<p>SpaMedica</p> <p>SpaMedica Chelmsford Fenton House, 85-89 New London Rd, Chelmsford, CM2 0PP</p> <p>SpaMedica Colchester First Floor, Business Park, 100 The Crescent, Highwoods, Colchester CO4 9YQ</p>	<ul style="list-style-type: none"> • Patients with severe head tremor at rest. Mild head movements can be listed • Patients with extreme claustrophobia who are unable to lie with a drape over their face for surgery • Patients with severe dementia • Patients with severe learning difficulties • Epileptics who have more than one grand mal seizure per month • Patients that require sub-speciality co-management e.g. recurrent uveitis, brittle or end stage glaucoma • Patients requiring a hoist to transfer • Patients deemed best seen under general anaesthetic, for the patients' best welfare. However, sedation available at Chelmsford

Hospital	Exclusions
<p>ACES Eyeclinic Ground Floor Marborough House Victoria Road Chelmsford CM1 1LN</p>	<ul style="list-style-type: none"> • Patients under 18 years • Binocular Diplopia (unrelated to cataract) • Chemical burns • Corneal ulcer or other corneal pathology requiring swab to be taken • Endophthalmitis • Hypopyon / Hyphema • Orbital cellulitis • Penetrating injuries • Severe ocular trauma • Sudden onset nystagmus • Sudden onset ophthalmoplegia / sudden onset anisocoria / 3rd nerve palsy • Suspected Giant cell arteritis • Acute angle closure glaucoma • Amaurosis fugax • Diabetic eye disease (e.g. maculopathy) • Floaters / photopsia with tobacco dust • Macular hole • Optic neuritis • Papilloedema • Retinal detachment • Retinal vascular occlusion • Vitreous haze / inability to see retinal details • Wet AMD

Hospital	Exclusions
<p>ACES Eyeclinic Ground Floor North Wing Riverbridge House Crossways Business Park Dartford DA2 6SL</p>	<ul style="list-style-type: none"> • Patients who need general anaesthesia or IV sedation • Complex cataracts • Previous significant trauma • Phacodonesis • Nanophthalmia • Posterior polar cataract • Patients unable to walk 100 yds & get into bed without aid or assistance • Patients unable to lie flat and still for 30 minutes • Patients with claustrophobia • Patients with poorly controlled systemic conditions • Patients with recent (<3 months) MI, CVA, TIA, or cardiac stents, ongoing cardiac ischemia, (unstable angina), or severe valve dysfunction • Patients with severe heart failure • Patients with sepsis • Patients with disseminated intravascular coagulation • Patients with renal failure with no regular dialysis
<p>The Holly High Rd Buckhurst Hill IG9 5HX</p>	<ul style="list-style-type: none"> • BMI >40 NHS patients and >45 private patients • ASA Grade 4 • Children under 14kg in weight • All CAB patients under 18 years • Valvular disease: Moderate to severe aortic stenosis, mitral stenosis, mechanical aortic and mitral valve replacement • Severe congenital heart abnormalities, even if corrective palliative surgery has been performed • Pacemaker / Implanted cardiac device: Patients having shoulder surgery on same side as pacemaker, patients scheduled for major surgery and implanted internal defibrillator • MI / Ischemic Heart Disease: MI < 12 months or unstable angina since MI, Angina/Ischaemic Heart Disease, Mets < 4 • VTE/DVT/PE: < 6 Months • Heart failure: Symptomatic heart failure, NYHA class 3-4, moderate – severe Pulmonary Hypertension • Dysrhythmia: AF over 100, undiagnosed refer to GP • Any cardiomyopathy • Symptoms of angina since angioplasty and stents, cardiac stents within the last 12 months due to medication • Peripheral vascular disease: If stents <12months • Brittle Asthma, poorly controlled Asthma

The Holly (continued)

- COPD: Dyspnoea grade 3-4 marked dyspnoea on mild exertion
- Sleep Apnoea: Patients scheduled for GA, or regional anaesthetic using CPAP or mandibular device. Patients scheduled for GA, that has been prescribed CPAP, but are non-compliant in the use of it. Undiagnosed sleep apnoea and positive stop bang – refer to GP
- Cystic Fibrosis, Pulmonary Fibrosis
- TIA/CVA: CVA in last 6 months, TIA in last 3 months, un-investigated cerebral events
- Neurological conditions: Advanced multiple sclerosis, advanced motor neurone disease, dementia requiring higher level of care intra and/or post operatively
- Diabetes, Type 1 and 2: HbA1c >69
- Liver disease: Known cirrhosis, severe liver disease
- Renal disease: eGFR <35, CKD stage 4, dialysis dependent
- Organ transplant: Renal transplant, heart transplant, liver transplant
- RA / OA: Cervical spine instability
- Platelets: Known diagnosis of Antiphospholipid Antibody Syndrome (APS) requires Consultant Haematologist opinion
- Bleeding disorders: Haemophilia, sickle cell disease, thalassaemia disease
- Patients with severe previous complications following anaesthetics, patients with a history of malignant hyper pyrexia
- Perioperative Factors: Level 2 and 3 care
- Substance Abuse: Alcohol consumption >40 units, unstable and uncontrolled drug usage, patients on Methadone
- All Patients that are pregnant
- Hospital notes: For NHS patients - absence of complete past medical history
- Financial: Insured patient without approval from insurer, self-paying patient unable to provide the required deposit or payment of £1000 per day, minimum 3 days; Total £3000